

Monday		Dietary	Allergens	May Contain
Soup	Tomato & Basil	V, VE, GF		
Main	Cottage Pie			
Pot Meal	Chicken Chow Mein		E, G, S, SE,	
Vegetarian	Bean & Vegetable Chilli with Rice	V, GF		
Pudding	Ginger Sponge Pudding	V	D, E, G	
Pizzini	Cheese & Tomato or Spicy Chicken	V	D, G	

Tuesday		Dietary	Allergens	May Contain
Soup	Leek & Potato	V, VE, GF		
Main	Chicken & Leek Lasagne		D, G, MU	P
Pot Meal	Beef Curry & Rice	GF		
Vegetarian	Cheese & Tomato Tart	V		
Pudding	Jam & Coconut Sponge Pudding		D, E, G	
Panini	Pepperoni or Cheese & Tomato	V	D, G	

Wednesday		Dietary	Allergens	May Contain
Soup	Spicy Mixed Bean Vegetable	V, VE, GF		
Main	Braised Steak & Onion with Champ Potatoes	GF		
Pot Meal	Macaroni Cheese Bacon		D, G, MU	P
Vegetarian	Tomato, Spinach & Mushroom with Gnocchi	V, VE	G	
Pudding	Treacle Sponge Pudding		D, E, G	
Panini	Steak Bake or Cheese & Tomato	V	D, G	

Thursday		Dietary	Allergens	May Contain
Soup	Cauliflower	V, VE, GF		
Main	Mince Beef & Onion Pie		E, G	
Pot Meal	Sweet Chilli Pork & Pepper Noodles		E, G	
Vegetarian	Vegetarian Cottage Pie	V, VE, GF		
Pudding	Apple and Mixed Fruit Crumble		D, G	
Panini	Chicken Pesto or Cheese & Tomato	V	D, G	

Friday		Dietary	Allergens	May Contain
Soup	Vegetable	V, VE, GF		
Main	Meat Feast Pizza with Potato Wedges		D, G	C
Pot Meal	Cajun Chicken	GF		
Vegetarian	Vegetable Thai Curry and Rice	V, GF		
Pudding	Rice Pudding		D	
Pizzini	Cheese & Tomato or Spicy Chicken	V	D, G	

## Dietary & Allergen Information

Suitable for **V**: Vegetarian **VE**: Vegan **GF**: Gluten Free

### Allergen Information Key:

**RED: Contains**

**Amber: May Contain**

**C**: Crustaceans / **CE**: Celery / **D**: Dairy / **E**: Eggs / **F**: Fish

**P**: Peanuts / **G**: Gluten / **L**: Lupin / **N**: Nuts / **MO**: Molluscs

**MU**: Mustard / **S**: Soya / **SD**: Sulphur dioxide / **SE**: Sesame Seeds